

## Welcome to the 2024 Atlas International Expo

### Weigh In Meeting:

You will be required to be at the Amateur meeting on November 15, 2024 at 6:30pm. Once the meeting has concluded, our Classic Bodybuilders for both women and men will be required to weigh and height check. All other competitors will be required to check in with the scorekeeper. This meeting is important and is required.

Competitors who are doing bodybuilding, classic bodybuilding and mixed pairs may be required to fill out the props prerequisite form if you have chosen to use props.

The form can be found online on the rules page and email to [laura.gboonline.com](mailto:laura.gboonline.com) or bring with you to the weigh in meeting. Remember if you choose to use props, they are for your final routine.

**Note: All athletes must bring their suits to this meeting.**

### The weigh in meeting location and times is as follows:

**Venue: WE Scott Theatre at Arts**

**Address: 1300 Gendy Street, Fort Worth, TX 76011**

**Date: November 16 2024**

**Start Time 9:30am**

**Phone: 214-507-4187**

### Backstage

We will be limiting backstage to 12 passes. In the past we have seen an influx of individuals backstage. In addition to the backstage pass, the individual will need to sign a release form. Again, this will be limited this year. The only individuals permitted backstage are Promoters, volunteer staff, judging staff, expeditors, athletes, media with credentials, authorized tanning and makeup artists, venue staffing and anyone who had purchased a backstage pass. All unauthorized individuals found backstage will be asked to leave. Note: All underage Athletes must be accompanied by a Legal Guardian. We will ask for ID and to look at your entry form. Note: Please have appropriate garments on while backstage (example: robe, contest regulated suits etc.) Backstage passes are 100.00 and a required form will need to be filled out for security reasons.

### Athlete Services:

TNT Tanning will be the only Tanning company allowed backstage. Individuals will not be allowed to tan backstage as the convention center will be monitoring this. If you are tanning yourself, you must do this off site before coming to the convention center. Tracy's contact information is:

<https://tracynelsonatan.com/>

Hair and Makeup will be conducted by Jolinda Glam. Her contact information is:

[jolindaglam@gmail.com](mailto:jolindaglam@gmail.com) Jolinda will be the only Makeup and Hair artist allowed backstage.

## **Schedule of Competition Order:**

Pre-Judging and Finals will begin on Saturday November 16 2024 Untested and Tested GBO Amateur Athletes at 9:30AM.

Please note we are doing both the Pre-Judging and Finals at one time as a straight through format beginning at 9:30am. This format consists of prejudging men standard and classic men and women bodybuilding, and figure divisions followed by a 10-minute break. Pre-judging will continue with shape and men and women beach body (subject to change with division order going into the break). At the end of pre-judging, there will be a 15 minute break. Standard and classic bodybuilding will perform their routines during pre-judging only, not during trophy presentation. Figure, shape, and beach body will walk in a box walk formation led by the expeditor during pre-judging. Again, the expeditor will lead the competitor through the box walk with 2 poses only per spot. During trophy presentation while the emcee introduces each athlete to the stage, the bodybuilding and classic bodybuilding athletes will hit their favorite pose while the beach body, figure and shape walk through each spot without any poses since this was done during pre-judging.

After all athletes have been introduced, the emcee will call the placings.

Athletes are required to read rules and regulations and specifically the Code of Conduct for GBO events.

Amateurs will go on in the morning hours only as the Professionals will go on in the evening hours only

**Note: For Untested Amateur Overall Winners Only:**

**All individuals who receive Pro Status will be eligible to compete in the night show. You must see the promoter for documents and instructions as there is a separate Pro fee and contract.**

## **Awards:**

The following will apply for awards for the Atlas International 1st place through 3rd place Placings 4 and 5 will receive a Medal.

## **House (Venue) Rules:**

Some house rules for the venue. Please be courteous of the tanning solution and do not damage anything in theatre or designated area of the theatre. Suggestion for hotel rooms, you may want to purchase cheap sheets and bring with you to each show. As a GBO athlete you represent our shows. You will personally be liable for any damage due to negligence at a hotel or venue. Again, venues are starting to monitor this and will walk around to ensure this is being adhered to.

## **Ticket Sales:**

November 16, 2024 Day Events including Amateur Pre-Judging and Finals during the day hours - \$30.00 Note a fee will be applied if paying by credit card. Children 10 and under are free Final Professional Event are a separate ticket sale: This is our year end Professional International Event. General Seating \$50.00 Children 10 and under are free for general tickets Show Times: Featured Events -

Schedule: Nov 16 2024, the doors will open at 8:30am for the Amateur event with a start time of 9:30am. Doors will open at 4:00pm for the Professional Events with a start time of 5:00pm Both are straight-through formats

The following rule will apply as a Pro Qualifier:

\*\*\*All Open Overall winners are eligible for Pro Status

All Master divisions 3 or more in a class, 1<sup>st</sup> place is awarded Pro status. Remember, if you win open overall you may compete in the Professional event. Please see promoter for details and documents.

**Masters Age Groups:**

35-39-

40-49

50-59

60-69

70+